

FAVORITES

- SIRLOIN STEAK AND EGGS \$15** | 6 OZ, TOAST & CRISPY FRIED POTATOES.
BACON OR HAM OR SAUSAGES AND EGGS \$8 | TOAST AND CRISPY FRIED POTATOES.
TWO EGGS ANY STYLE \$6.5 | TOAST AND CRISPY FRIED POTATOES.
CANADIAN BACK BACON AND EGGS \$9 | TOAST AND CRISPY FRIED POTATOES.
HAMBURGER STEAK & EGGS \$13 | TOAST AND CRISPY FRIED POTATOES.
SPICY ITALIAN SAUSAGE & EGGS \$11 | TOAST AND CRISPY FRIED POTATOES.
EGGS BENEDICT \$11 | TWO POACHED EGGS, BACK BACON, TOMATO, ENGLISH MUFFIN, HOLLANDAISE, CRISPY FRIED POTATOES.
SINGLE EGGS BENEDICT \$8
Two | Two | Two \$9 | eggs, bacon, sausage, toast and crispy fried potatoes.



ALL TOAST IS SERVED AS WHOLEWHEAT UNLESS REQUESTED OTHERWISE. ADD 50¢ FOR RYE OR MULTI-GRAIN.

EYE OPENERS

- GRIZZLIES BREAKFAST \$12** | TWO EGGS WITH BACON, SAUSAGE, PANCAKES, TOAST & CRISPY-FRIED POTATOES.
BREAKFAST QUESIDEILLA \$11 | EGGS, CHEDDAR, JALAPENO JACK, SOUR CREAM, SALSA & CRISPY-FRIED POTATOES.
BREAKFAST MUFFIN \$7 | HAM, EGG, CHEDDAR, ENGLISH MUFFIN WITH CRISPY-FRIED POTATOES.
BREAKFAST BURGER \$10 | SIRLOIN BURGER, TOPPED WITH FRIED EGG, FRIED ONIONS AND CHEDDAR WITH CRISPY-FRIED POTATOES.
FRENCH COMBO \$9 | TWO EACH OF FRENCH TOAST, EGGS, BACON AND SAUSAGE.
LITE BREAK \$7 | ONE EGG, TWO SLICES BACON, TOAST AND A SMALL JUICE.
FRUIT & FIBRE \$9 | A DISH OF FRUIT WITH PLAIN YOGURT OR COLD CEREAL OR COTTAGE CHEESE, A MUFFIN AND A SLICE OF RYE TOAST.
CRISPY LATKAS AND EGGS \$8 | POTATO FLAT CAKES WITH SOUR CREAM AND GREEN ONIONS.



ALL TOAST IS SERVED AS WHOLEWHEAT UNLESS REQUESTED OTHERWISE. ADD 50¢ FOR RYE OR MULTI-GRAIN.

OMELETTES

- TRAVEL TO TUSCANY \$10** | BASIL PESTO, FETA CHEESE AND TOMATOES.
BCI SPECIAL OMELETTE \$10 | PEPPERS, TOMATOES, HAM, ONIONS, MUSHROOMS & CHEDDAR.
THREE CHEESE AND MUSHROOM \$10
CLASSIC DENVER \$9 | 3 EGGS, HAM AND GREEN ONIONS.
TASTE OF ITALY SPICY \$10 | ITALIAN SAUSAGE, TOMATOES AND ONIONS.
GREAT CANADIAN OMELETTE \$10 | CHEDDAR, BACK BACON AND GREEN ONIONS.
DAYBREAK OMELETTE \$7
CREATE YOUR OWN.
ADD | BACON, HAM, SAUSAGE, CHEDDAR, FETA, JALAPENO JACK OR AN EGG \$1.25 EACH
ONIONS, TOMATOES, PEPPERS OR MUSHROOMS 75¢ EACH
HOLLANDAISE SAUCE \$1.50 | SPICY SAUSAGE \$2.50 | SHRIMP \$4

ALL OMELETTES ARE 3 EGGS & MADE WITH LOCAL DAYBREAK FARMS EGGS | SERVED WITH CRISPY-FRIED POTATOES & LOCALLY BAKED WHOLEWHEAT, SOURDOUGH OR WHITE TOAST.



ALL TOAST IS SERVED AS WHOLEWHEAT UNLESS REQUESTED OTHERWISE. ADD 50¢ FOR RYE OR MULTI-GRAIN.

SKILLETS

SKILLET BREAKFAST \$11 | CRISPY-FRIED POTATOES, GREEN ONIONS, PEPPERS,

TOMATOES, HAM WITH HOLLANDAISE & A SUNNY SIDE EGG | TOAST

MEAT LOVERS SKILLET \$12 | CRISPY-FRIED POTATOES, HAM, SPICY SAUSAGE, BACON, ONIONS, TOMATO, TOPPED WITH A SUNNY EGG | TOAST

CHICKEN FAJITA SKILLET \$12 | CRISPY-FRIED POTATOES, CAJUN SPICED CHICKEN, GREEN ONION, GREEN AND RED PEPPERS, TOMATOES, SUNNY EGG & SALSA | TOAST



ALL TOAST IS SERVED AS WHOLEWHEAT UNLESS REQUESTED OTHERWISE. ADD 50¢ FOR RYE OR MULTI-GRAIN.

PANCAKES PLUS

BUTTERMILK PANCAKES \$6 | THREE.

STRAWBERRY PANCAKES \$9 | THREE, SUGARED STRAWBERRIES, REAL WHIPPED CREAM.

BLUEBERRY PANCAKES \$8 | THREE.

SILVER DOLLARS \$6 | SIX.

PANCAKE COMBO \$8 | THREE, TWO EGGS, SAUSAGES OR HAM OR BACON.

BELGIUM WAFFLE \$6 | CRISP & GOLDEN.

STRAWBERRY WAFFLE \$9 | SUGARED STRAWBERRIES, REAL WHIPPED CREAM.

EGG AND BACON WAFFLE \$10 | TWO EGGS, TWO SLICES OF BACON.

FRENCH TOAST \$7 | 3 GOLDEN PIECES OF FRENCH BREAD, ICING SUGAR.

CINNAMON RAISIN FRENCH TOAST \$8 | SO DELICIOUS ITS HARD TO DESCRIBE.

CREAMY OATMEAL WITH TOAST \$6

PANCAKES & WAFFLES ARE SERVED WITH BUTTER & TABLE SYRUP. SUBSTITUTE PURE MAPLE SYRUP FOR \$1 SURCHARGE.

SIDES

CINNAMON BUN SERVED GRILLED \$3

TOAST | WHITE, WHOLE WHEAT, SOURDOUGH \$2.50

RYE OR THICK SLICED MULTI-GRAIN \$3

CINNAMON SPRINKLED TOAST \$3

RAISIN TOAST \$3

ENGLISH MUFFIN \$3

HOT OATMEAL | BROWN SUGAR & MILK \$4

COLD CEREAL | MILK \$3.50

BACON | 3 OR SAUSAGE | 3 \$3.50

SPICY ITALIAN SAUSAGE | 2 \$5

HAM \$3.50

BACK BACON \$4

HOMEMADE MUFFIN \$2

HOLLANDAISE SAUCE \$2

DISH OF FRUIT \$4

PLAIN YOGURT \$2

CRISPY FRIED POTATOES \$4

TOMATO SLICES \$3.50

DRINKS

COFFEE | WITH A MEAL \$2

JUST COFFEE | 2 REFILLS \$2

HOT CHOCOLATE | \$3 | TOPPED WITH REAL WHIPPED CREAM

HERBAL TEA \$2.50

TEA \$2.25

MILKSHAKE \$4.50 | TOPPED WITH REAL WHIPPED CREAM

CHOCOLATE | STRAWBERRY | VANILLA

MILK SM \$2 LRG \$2.75

CHOCOLATE MILK SM \$2.50 LRG \$3.25

POP SM \$1.50 LRG \$2 WITH 1 REFILL \$2.50

ICED TEA - SM \$1.75 LRG \$2.50 WITH 1 REFILL \$3

JUICE SM \$1.75 LRG \$2.50

APPLE | CRANBERRY | ORANGE | GRAPEFRUIT | PINEAPPLE

TOMATO OR CLAMATO JUICE \$3



Try A Tassimo brewed coffee
Cappuccinno
Latte
Espresso